

Notification Date: June 14, 2024 Effective Date: July 22, 2024

# Herpesvirus 8 (HHV-8) DNA, Quantitative Real-Time PCR

Test ID: FHV8P

Explanation: Effective July 22, 2024, test ID FHV8P, referred to Quest Diagnostics, will reflect

the following changes.

## **Current Specimen Required**

## Submit only 1 of the following specimens:

#### Whole Blood

Specimen Type: Whole Blood

Container/Tube: Lavender-top (EDTA) or yellow-

top (ACD)

Specimen Volume: 1 mL

Collection Instructions: Draw blood in a lavender-top (EDTA) tube(s) or yellow-top (ACD) tube(s) and send 1 mL whole blood refrigerated.

Stability: Ambient 48 hours; Refrigerated 7 days:

Frozen 30 days

#### Serum

Specimen Type: Serum

Collection Container/Tube: Red-top

Submission Container/Tube: 12x75 mm screw-

capped vial

Specimen Volume: 1 mL

**Collection Instructions:** Draw blood in a plain red-top tube(s). Spin down and send 1 mL serum in a plastic, screw-capped vial. Send specimen

refrigerated.

Stability: Ambient 48 hours; Refrigerated 7 days,

Frozen 30 days

#### **Plasma**

Collection Container/Tube: yellow-top (ACD), lavender-top (EDTA), or PPT (white-top) tube Submission Container/Tube: 12x57 mm screw-

capped vial

Specimen Volume: 1 mL

**Collection Instructions:** Draw blood in a yellowtop (ACD) or lavender-top (EDTA) tube(s). Spin down and transfer 1 mL ACD or EDTA plasma into

## **New Specimen Required**

## Submit only 1 of the following specimens:

#### Whole Blood

Specimen Type: Whole Blood

Container/Tube: Lavender-top (EDTA)

Specimen Volume: 1 mL

**Collection Instructions**: Draw blood in a lavender-top (EDTA) tube and send 1 mL EDTA

whole blood refrigerated.

Stability: Ambient 48 hours; Refrigerated 7 days:

Frozen Unacceptable

### Serum

Specimen Type: Serum

Collection Container/Tube: Red-top

Submission Container/Tube: 12x75 mm screw-

capped vial

Specimen Volume: 1 mL

**Collection Instructions:** Draw blood in a plain red-top tube(s). Spin down and send 1 mL serum in a plastic, screw-capped vial. Send specimen refrigerated.

Stability: Ambient 48 hours; Refrigerated 7 days,

Frozen 30 days

#### Plasma

Collection Container/Tube: lavender-top (EDTA),

or PPT (white-top) tube

Submission Container/Tube: 12x57 mm screw-

capped vial

Specimen Volume: 1 mL

**Collection Instructions:** Draw blood in lavendertop (EDTA) tube(s). Spin down and transfer 1 mL EDTA plasma into a plastic, screw-capped vial.

Send specimen refrigerated.

a plastic, screw-capped vial. Send specimen refrigerated.

**Stability:** Ambient 48 hours; Refrigerated 7 days;

Frozen 30 days

**Stability:** Ambient 48 hours; Refrigerated 7 days; Frozen 30 days

## **Questions:**

Contact MCL Referrals Supervisor Amy Bluhm at 800-533-1710.